

**1) At birth, water is what percentage of an infant's total body weight?**

- a. 50
- b. 30
- c. 80**

**2) In the elderly, water is what percentage of a person's total body weight?**

- a. 50**
- b. 30
- c. 80

**3) How long can the human body go without water?**

- a. One week**
- b. Three days
- c. One month

**4) How much of the earth's surface is covered with water?**

- a. 70 to 75 percent**
- b. 25 to 30 percent
- c. 45 to 50 percent

**5) How much do Americans spend on bottled water per year?**

- a. \$7 billion**
- b. \$3 billion
- c. \$5 billion

**6) What's the average price Americans spend on bottled water?**

- a. \$1.20 per bottle
- b. \$.80 per bottle
- c. \$1 per bottle.**

**7) What percentage of plastic bottles are recycled?**

- a. 80%
- b. 55%
- c. less than 10%**

**8) In a one liter size of bottled water, what requires more water?**

- a. The one liter of drinking water needed to fill the bottle
- b. The water used in manufacturing the plastic bottle itself**

**9) What is the most popular drink in America?**

- a. Soft Drinks
- b. Beer
- c. Bottled Water**

**10) Typical "purified" bottled water is:**

- a. About twice as acidic as typical tap water
- b. About ten times as acidic as typical tap
- c. More than 100 times as acidic as tap**

**11) The healthiest drinking waters in the world are...**

- a. Acidic
- b. Neutral
- c. More alkaline**

**12) What source constitutes the majority of weight loss a person experiences directly after intense physical activity?**

- a. Fat Burn
- b. Water**
- c. High Metabolism

**13) What affects your body's ability to balance pH?**

- a. Foods you eat
- b. Beverages you drink
- c. Stress
- d. Exposure to toxins and pollutants
- e. All of the above**

**14) How many known contaminants may be present in tap water?**

- a. 300
- b. 1,500
- c. 2,100**

**15) Tap water is...**

- a. A modern convenience that may lack what Nature intended**
- b. Really yummy
- c. Safe
- d. Something I look forward to drinking
- e. All of the above

**16) What are the benefits of alkaline ionized water?**

- a. Super hydrating
- b. Detoxifying
- c. Delivers extra oxygen
- d. Contains age fighting antioxidants
- e. All of the above**